

University of Pretoria Yearbook 2019

Nutrition during life cycle 321 (VDG 321)

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| Qualification | Undergraduate |
| Faculty | Faculty of Natural and Agricultural Sciences |
| Module credits | 17.00 |
| Programmes | BConSci Food Retail Management BConSci Hospitality Management BSc Culinary Science |
| Prerequisites | [FSG 110 and FSG 120] and VDG 311 |
| Contact time | 1 practical per week, 3 lectures per week |
| Language of tuition | Afrikaans and English are used in one class |
| Department | Consumer and Food Sciences |
| Period of presentation | Semester 2 |

Module content

The role of nutrition in the life cycle. The role of nutrition in the prevention of lifestyle related diseases - osteoporosis, cancer, coronary heart disease, tooth decay. Vegetarianism. Different conditions of malnutrition: Protein Energy Malnutrition and obesity.

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